



## *Have you lost someone you love?*

### *Daytime Group*

#### Columbus NC

*First Tuesday of  
every month,  
noon—1 p.m.*

*Bring a bag lunch if  
you wish.*

*Jan. 5*

*Feb. 2*

*March 2*

*April 6*

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### *Evening Group*

#### Columbus, NC

*Last Thursday of  
every month,  
6-7 p.m.*

*Jan. 28*

*Feb. 25*

*March 25*

*April 29*

*Both groups meet at  
the Hospice Center  
behind  
St. Luke's Hospital.*

### **Hospice of the Carolina Foothills**

offers many forms of support to Hospice families *and* community members who are coping with the death of a loved one. Many people have found **support groups** very helpful.

### **What is a Support Group?**

- A confidential and safe gathering place
- Led by professional hospice staff
- Free and open to anyone in the community who has lost a loved one

*Would you like something more private? Our trained professionals can talk with you on the phone or meet with you in person to listen and give support.*

*We also offer informal and social grief gatherings for men and for women. Please feel free to call for more information about these groups.*

### *Breakfast Group in South Carolina*

*Second Thursday of  
every month  
8:30—9:30 a.m.*

*Meets at the  
Dutch Plate on  
Main Street in  
Campobello, SC*

*Jan. 14*

*Feb. 11*

*March 11*

*April 8*



***Just call us. We're here to help.***

***828-894-7000 ♥ 800-617-7132***